



**DANCE SCHEDULE
Fall - Spring 2017-2018**

MONDAY		TUESDAY		WEDNESDAY		THURSDAY	
2:00 - 3:00	Ballet III Part 1	2:30 – 3:15	Pre-Ballet	9:30 am- 10:15 am	Create Dance	3:00 - 3:30	Creative Movement
3:00 - 4:00	Ballet I	3:15 – 4:15	Intro. To Ballet		Special Needs	3:30 - 4:30	Modern I
4:00 - 5:15	Ballet II	4:15 – 5:45	Ballet IV Part 1		Class	4:30 - 6:00	Ballet IV Part 2
5:30 – 6:30	Modern II	6:00 – 7:00	Adult Ballet/Modern/Barre Fitness			6:15 - 7:15	Ballet III Part 2
6:30 - 7:30	Barre Fitness @ The Core	7:00 – 7:30	Adult Company				
Creative Movement		3/4 yr. Olds	30 min. class	1 X weekly		\$40/mon.	
Encourages imagination, expression and coordination. Designed for very young dancers utilizing play and fun movement to instill a love for dance.							
Pre-Ballet		5/7 yr. Olds	45 min. class	1 X weekly		\$45/mon.	
Teaches beginning ballet skills and body control while continuing to tap into the creative imagination of the child.							
Introduction to Ballet		6/10 yr. Olds	1 hour class	1 X weekly		\$50/mon.	
Teaches basic ballet skills, barre' work, posture, flexibility and greater body control.							
Create Dance		8 years and up	45 min. class	1 X weekly		\$45/mon.	
This class is designed for students with special needs who need a bit more time to process information. We will use a mixture of Ballet, Modern and Creative Movement to teach posture and body control while working on flexibility and strength, to give these students a fun, safe environment to learn dance skills and movement expression.							
Ballet I		8/14 yr. Olds	1 hour class	1 X weekly		\$50/mon.	
Instills a strong beginning ballet technique, building upon skills previously learned, including barre and center work..							
Ballet II		9 – teen	1 ¼ hours class	1 X weekly		\$55/mon.	
Develops the dancer's ballet proficiency with greater structure. Introduces more advanced skills and refinement of posture and technique.							
Ballet III		11 – teen	1 hour classes	2 X weekly		\$70/mon.	
Introduces increasingly difficult ballet technique. Meets twice a week, to incorporate a larger vocabulary of dance skills.							
Ballet IV		11 - teen	1 1/2 hours classes	2 X weekly		\$90/mon.	
Challenges the experienced dancer with a higher level of technical difficulty and a longer duration of dancing to build endurance. Pointe work is introduced.							
Adult Ballet/Modern/Barre		adults	1 hour class	1 X weekly		\$50/mon.	
Ballet, Modern and Barre Fitness will rotate each week. Ballet skills will be the same as level III and modern skills will be at an intermediate level as well.							
Modern Dance I		8 - 12 yr. Olds	1 hour class	1 X weekly		\$50/mon.	
Utilizes creative approaches to teaching expressive movement. Introduces artistry through movement that goes beyond the vertical, working with angles and into the floor. This class is open to boys and girls.							
Modern Dance II		9 – teen	1 hour class	1 X weekly		\$50/mon.	
Teaches flexibility, core body strength, coordination, expression and artistry. This class is also open to boys and girls.							
Barre Fitness @ The Core		Adults & older teens	1 hour class	1 X weekly		\$50/mon.	
Uses an approach of deep plies, extensive abdominal and leg work, and overall body conditioning to develop a long, lean, fit body.							

Student's placement will be determined by dance director based on skills displayed, artistry, maturity and age. Contact Annette Prince at 214-930-5331 or annette.prince1@gmail.com Visit us at www.thecoretheatre.org – 518 W. Arapaho Rd., Ste. 115, Richardson, TX 75080